

Health | Behaviors

2009 Update

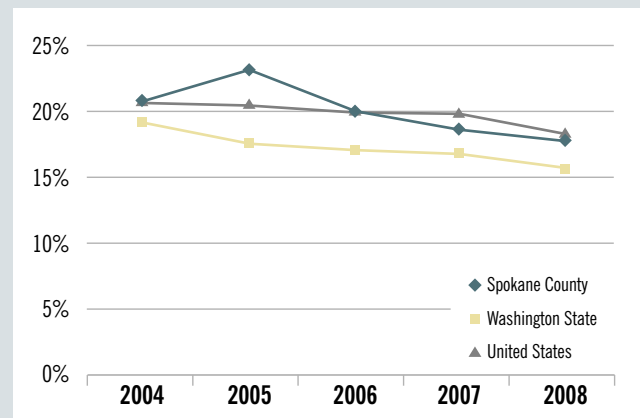
This indicator is 1 of 44 Spokane Counts indicators found at www.srhd.org/SpokaneCounts

Smokers (adult)

Current adult smokers are defined as individuals 18 years of age or older who smoked cigarettes every day or some days in the last 30 days. Tobacco use is the leading cause of preventable death.¹ Public health promotes a healthy lifestyle through efforts to help prevent youth from starting to smoke, providing smoking cessation assistance, monitoring sales of cigarettes to youth, and working for environmental changes to limit exposure to second-hand smoke.

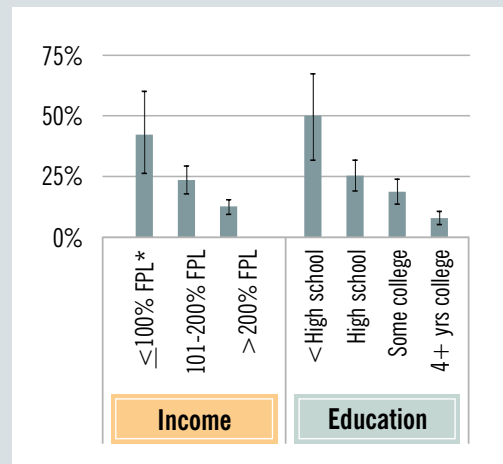
In 2008, 18% of adults in Spokane County were current smokers. There was a significant decrease in the proportion of adult smokers from 2004 to 2008. Spokane County had a similar proportion of adult smokers when compared to Washington State and the U.S. in 2008.

Current Adult Smokers



Source: Behavioral Risk Factor Surveillance System

Demographic Disparities in Adult Smokers Spokane County, 2008



*FPL=Federal Poverty Level
Source: Behavioral Risk Factor Surveillance System

Among Spokane County adults in 2008:

- Adults living at greater than 200% Federal Poverty Level were less likely to smoke than were those in lower income groups; and
- Adults with less than a high school education were more likely to smoke than those with more education.

There was no difference in smoking by age, sex, or race.

Indicator: Smokers (adult)

Percent

(95% Confidence Interval)

	2004	2005	2006	2007	2008	
Total	Spokane County	20.8% (18.1, 23.7)	23.0% (19.3, 27.2)	20.0% (16.7, 23.8)	18.6% (16.0, 21.5)	17.8% (15.2, 20.7)
	Washington State	19.2% (18.4, 19.9)	17.6% (16.9, 18.3)	17.1% (16.4, 17.8)	16.8% (16.1, 17.5)	15.7% (15.0, 16.5)
	National	20.8%	20.5%	20.0%	19.8%	18.4%
Age Group (years)	18-34	24.5% (18.8, 31.2)	31.0% (23.3, 40.0)	30.3% (22.1, 39.9)	20.8% (14.7, 28.4)	18.6% (12.8, 26.2)
	35-44	24.3% (18.4, 31.3)	26.7% (18.1, 37.5)	13.9% (8.7, 21.5)	24.9% (18.7, 32.4)	16.5% (11.5, 23.0)
	45-64	21.0% (16.9, 25.7)	21.6% (16.0, 28.5)	19.0% (14.6, 24.3)	18.6% (15.2, 22.5)	20.9% (17.3, 25.1)
	65+	9.1% (5.8, 14.0)	6.7% (4.3, 10.3)	9.9% (6.2, 15.3)	8.5% (5.8, 12.2)	10.4% (7.4, 14.4)
Sex	Male	21.5% (17.2, 26.6)	27.2% (21.2, 34.1)	21.1% (15.9, 27.5)	18.4% (14.5, 23.0)	18.6% (14.5, 23.6)
	Female	20.0% (17.0, 23.5)	19.0% (14.8, 24.1)	19.0% (15.1, 23.5)	18.8% (15.6, 22.5)	17.1% (14.0, 20.6)
Income	≤100% FPL*	27.6% (15.7, 43.8)	45.4% (23.6, 69.1)	39.9% (21.8, 61.2)	47.0% (32.3, 62.1)	42.3% (26.1, 60.3)
	101-200% FPL	32.1% (26.3, 38.6)	27.6% (21.8, 34.3)	26.7% (20.1, 34.5)	28.8% (23.2, 35.2)	23.1% (17.9, 29.3)
	>200% FPL	14.7% (12.1, 17.7)	17.7% (16.6, 22.7)	14.2% (11.0, 18.0)	11.6% (9.1, 14.6)	12.5% (9.8, 15.6)
Education	Less than high school	50.5% (35.3, 65.7)	41.3% (24.3, 60.6)	56.4% (40.1, 71.5)	33.3% (21.0, 48.4)	49.9% (32.1, 67.7)
	High school graduate	32.1% (26.3, 38.6)	33.3% (25.4, 42.1)	27.7% (20.6, 36.1)	30.2% (23.2, 38.1)	25.0% (19.3, 31.7)
	Some college	23.1% (18.6, 28.3)	22.0% (16.4, 28.8)	22.4% (16.2, 30.2)	20.7% (16.4, 25.7)	18.4% (13.9, 23.9)
	4+ yrs college	8.4% (6.0, 11.6)	12.3% (7.4, 19.7)	6.6% (4.6, 9.4)	7.0% (5.0, 9.6)	7.7% (5.5, 10.6)
Race	White	20.4% (17.6, 23.5)	21.9% (18.3, 26.0)	20.2% (16.8, 24.1)	17.5% (15.0, 20.4)	17.4% (14.8, 20.3)
	Non-White	28.5% (16.8, 44.1)	41.6% (18.0, 69.7)	19.9% (7.3, 43.9)	37.1% (23.0, 53.9)	23.5% (9.8, 46.5)

*FPL=Federal Poverty Level

Source: Behavioral Risk Factor Surveillance System



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January 2010