

Social and | Mental Health

2009 Update

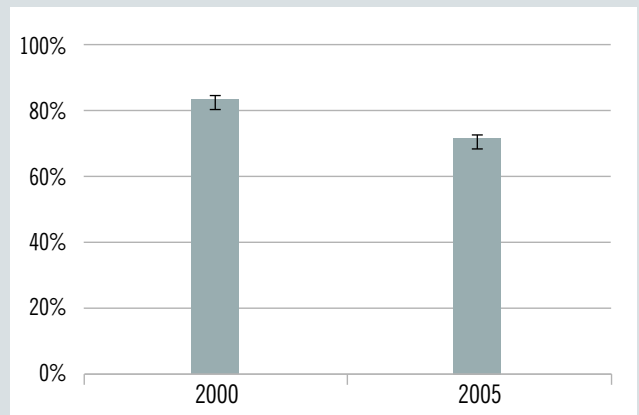
This indicator is 1 of 44 Spokane Counts indicators found at www.srhd.org/SpokaneCounts

Hope for the Future (adults)

“Hope for the future” is a measure of the percent of individuals 18 years of age or older who responded that they felt they could do anything they really set their mind to. The measure is an indication of how empowered one feels and if an individual regards their life as being under their own control.

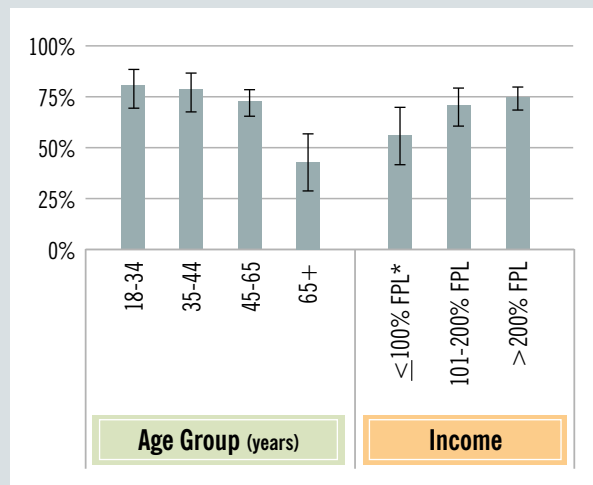
Among Spokane County adults in 2005, 71% felt “hope for the future.” This represents a significant decrease from 2000.

Hope for the Future Spokane County



Source: Community Health Survey

Demographic Disparities in Adults: Hope for the Future Spokane County, 2005



*FPL=Federal Poverty Level
Source: Community Health Survey

Among Spokane County adults in 2005:

- The percentage having “hope for the future” decreased as age increased; and
- Increased as income increased.

There was no difference by sex, race, or education level.

Indicator: "Hope for the Future"

Percent

(95% Confidence Interval)

		2000	2005
Total	Spokane County	83% (80.4, 84.5)	71.3% (66.5, 75.6)
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Age Group (years)	18-34	88% (84, 92)	80.0% (69.2, 88.4)
	35-44	87% (82, 90)	78.0% (67.5, 86.4)
	45-64	85% (81, 88)	72.6% (65.7, 78.8)
	65+	71% (65, 76)	42.3% (28.7, 56.8)
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Sex	Male	84% (81, 87)	74.3% (67.4, 80.4)
	Female	81% (78, 84)	68.5% (61.8, 74.7)
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Income	≤100% FPL*	33% (58, 74)	55.6% (41.2, 69.1)
	101-200% FPL	82% (77, 86)	70.8% (60.6, 79.2)
	>200% FPL	87% (84, 89)	74.1% (68.5, 79)
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Education	Less than high school	68% (56, 78)	63.2% (38.4, 83.7)
	High school graduate	78% (73, 82)	66.0% (55.8, 75.2)
	Some college	84% (81, 87)	73.1% (65.1, 80.1)
	4 yrs college, graduate	89% (83, 92)	74.3%** (66.1, 81.4)**
	5+ yrs college	86% (81, 90)	
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Race	White		70.9% (66.0, 75.4)
	Non-White		75.0% (47.6, 92.7)

NOTE: National and Washington State data not available.

*FPL=Federal Poverty Level **4 yrs college, graduate/5+ yrs college combined

Source: Community Health Survey