




















Middle School 8th Graders, Spokane County, 2010

In a class of 25	100%	 25
Trying to lose weight	39.2%	 10
Single parent family (10-14 years old)	38.0%	 10
4 or more hours of TV on a school day	33.2%	 8
Obese or overweight	24.3%	 6
Depressed	22.9%	 6
Does not feel safe at school	17.2%	 4
Ever physically abused by an adult	16.3%	 4
In a fight on school property	16.1%	 4
Works more than 10 hrs/wk	15.8%	 4
Drinks alcohol	15.5%	 4
Suicide seriously considered	14.7%	 4
Poverty (10-14 years old)	14.7%	 4
Marijuana use	11.7%	 3
Member of a gang	6.2%	 2
Physically abused by a boyfriend or girlfriend	5.3%	 1
Carried a weapon on school property	5.1%	 1
Smokes cigarettes	5.0%	 1
Homeless	2.9%	 1
High school drop out (8th grade)	1.5%	0
Pregnancy (10-14 years old)*	0.7/ 1,000	0

Learning Distraction Data Sources:

- ➔ Washington State Department of Health. Healthy Youth Survey 2010. Calculations of the data by Spokane Regional Health District.
- ➔ Washington State Department of Health, Center for Health Statistics.
- ➔ Washington State Office of Financial Management, 2010 State Population Survey.
- ➔ Washington State Office of Superintendent of Public Instruction (OSPI). <http://www.k12.wa.us/DataAdmin/pubdocs/GradDropout/09-10/AppendixC2009-10.xls>

*Information for 2009
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