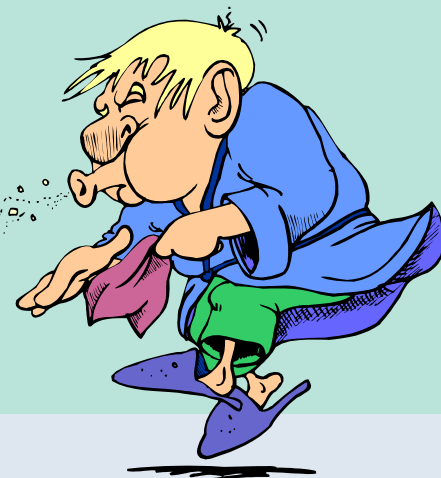


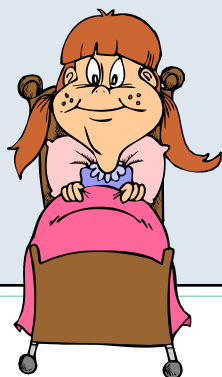
It's up to you to...

# Stop Germs in their Tracks!



*Coughing? Sneezing? Fever?*

- ❶ Wash your hands frequently with soap and water
- ❷ Cover your mouth with a tissue when you sneeze or cough
- ❸ Use a tissue to wipe your nose
- ❹ Stay home to avoid spreading germs



**These simple steps** can help stop the spread of illnesses like colds, the flu, pertussis, tuberculosis, RSV (respiratory syncytial virus) and other respiratory diseases.