POTENTIALLY HAZARDOUS FOODS (PHFs)

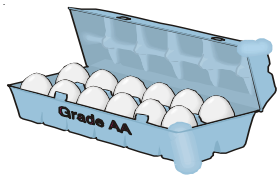
are moist and provide the required nutrients for bacterial growth

Meat

Seafood & other fish

Poultry

Dairy Products

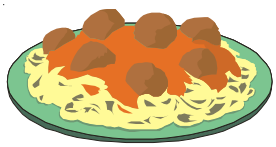


Eggs

Fresh herbs and garlic in oil

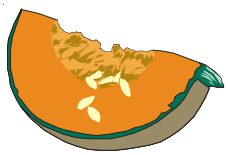
Cooked or Rehydrated Potatoes

Cooked or Rehydrated Rice



Cooked or Rehydrated Pasta

Cooked or Rehydrated Beans



Cut melons

Sprouts

Cooked fruits and vegetables

SPOKANE REGIONAL HEALTH DISTRICT

Public Health - Always working for a safer and healthier community

Individuals with disabilities can make reasonable accommodation requests by calling Environmental Health 324-1560, Ext.2 TTD 324-1464