

# Ice Bath Cooling Method for Liquid Foods



- Fill preparation sink full of ice and add water.
  - Place container of food into the ice and water so ice is above the level of of the food
  - Replace ice as it melts
  - Stir food every 10-15 minutes
  - Check temperature of cooling food each time you stir
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- Do not remove food from the ice bath until the temperature is 41°F or less
  - Place food into the refrigeration unit only after the food has cooled to 41°F or less



*Public Health - Always working for a safer and healthier community*