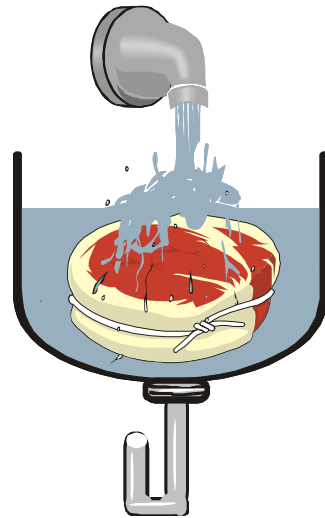


Correct Thawing Procedures



**Refrigerator or
walk-in cooler**



**Submerged in
cold, running water
in a food prep sink**



**Microwave
(continue cooking
process after thawed)**



Public Health - Always working for a safer and healthier community